











September 2019



Lunch Menu

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>Middle/high school choice: Chicken sandwich or Bosco sticks</p> 	<p>2</p> <p>No school</p>	<p>3</p> <p>Chicken tenders , or spaghetti Banana bread Celery & peanut butter Romaine tossed salad Fruit, milk 1/2 day</p>	<p>4</p> <p>Taco Salad or spaghetti Refried beans Romaine tossed salad Fruit, milk</p>	<p>5</p> <p>Banquet chicken or spaghetti pretzel bites Key largo vegetables Romaine tossed salad Fruit, milk</p>	<p>6</p> <p>3 meat pizza or spaghetti Whole grain roll Corn Romaine tossed salad Fruit, milk</p>	<p>7</p>
<p>8</p> <p>Middle/high school choice: Burrito Bar</p> 	<p>9</p> <p>Beef stroganoff, wg roll or corndog, baby carrots Romaine tossed salad Fruit, milk</p>	<p>10</p> <p>Chicken sandwich or corndog Baked beans Romaine tossed salad Fruit, milk</p>	<p>11</p> <p>Hamburger gravy & potatoes Wg roll or corndog, Asparagus, tossed salad fresh fruit & milk</p>	<p>12</p> <p>Soft tortilla shell w/meat Or corndog, 3 bean salad Romaine tossed salad Fruit, milk</p>	<p>13</p> <p>Cheeseburger or corndog Potato salad Romaine tossed salad Fruit, milk, & cookie</p>	<p>14</p> 
<p>16</p> <p>Middle/high school choice: Taco Bar</p> 	<p>17</p> <p>Chicken rice pilaf wg roll Or pizza fortune cookies Brussel sprouts Romaine tossed salad Fruit, milk</p>	<p>18</p> <p>Pork barbecue or pizza Celery sticks Romaine tossed salad Fruit, milk Snack bag Cool ranch</p>	<p>19</p> <p>Turkey gravy & redskin Potatoes, wg roll or pizza Corn Romaine tossed salad</p>	<p>20</p> <p>Mac & cheese mix up, wg roll Or pizza V8 juice Romaine tossed salad</p>	<p>21</p> <p>BBQ chicken cinnamon burst bread, or pizza , 3 bean salad Romaine tossed salad Fruit, milk</p>	<p>21</p>
<p>7</p> <p>Middle/high school choice: Pizza Bar</p> 	<p>8</p> <p>Spicy/reg. Chicken Sandwich or PB&J Cucumber slices Broccoli florets Romaine tossed salad Fruit, milk</p>	<p>9</p> <p>Salisbury steak & Potatoes Or PB&J Wg roll, green beans Romaine tossed salad Fruit, milk</p>	<p>10</p> <p>Tomato soup Taco/fajita meat Wg rolls or PB&J Corn, fruit Milk, cheez-it crackers</p>	<p>11</p> <p>Beef goulash wg rolls Or PB&J Carrots Romaine tossed salad Fruit, milk</p>	<p>12</p> <p>Beef & bean burrito Or PB&J Refried beans Salsa & sour cream Romaine tossed salad Fruit, milk</p>	<p>28</p> 
<p>29</p> <p>Middle/high school choice: Pretzel with cheese & yogurt</p> 	<p>30</p> <p>Popcorn chicken wg roll or beef & bean burrito, potato patty Romaine tossed salad Fruit, milk</p>					<p>Breakfast is available daily</p>